WHAT DID YOU DO ABOUT IT?

- Have Gallbladder removed
- Avoid Gluten
- Took Apple Cider Vinegar
- Avoid Wheat
- Took Mercola's Digestive Enzymes
- Prilosec
- Taking Aloe
- Manuka Honey
- DGL
- Castor oil packs on liver and gall bladder
- Drinking Lemon Water
- Paleo
- Glass of Lime Juice
- Nexium
- Nightshade Free
- Prevacid
- Zantac
- Omeprazole
- Thyroid Medication
- Helicobacter Pylori
- Phenergan
- Zofran
- Take Tums
- Removed Sugar
- Avoid Carbs
- Cytomel
- Drink Milk
- AIP Diet
- Pantoprazole
- Synthroid
- Avoid Coffee and Tea
- B6 & B12 Injections
- B6 & B12 Enzymes
- Nature Sunshine Food Enzymes
- Took Gaviscon